

BEST FOR LEGS

MARK WHITELEY

Vascular surgeon

We call him Spiderman, on account of his superhero-like ability to erase niggling spider veins. Whiteley is the total authority on misbehaving blood vessels and is unboundedly passionate about the subject, often grabbing a scrap of paper and drawing a diagram of what's going on under the skin for curious patients. As many as one in two people in the UK suffer from some form of venous disease, which renders them prone to varicose veins and other nasties, so Whiteley encourages having scans to root out the problem and treat it before it becomes painful. His new interactive website, veinscreening.co.uk, allows people to type in their symptoms and post pictures of their veins – this information goes directly to Whiteley and his team, who will ping back a preliminary diagnosis and advise whether you need a consultation.

Consultation, £170; microsclerotherapy thread vein treatment, from £295. Ring 01483 477180 or visit markwhiteley.co.uk.

DR ELISABETH DANCEY

Cosmetic doctor

Attention all shoppers: just a click of a heel around the corner from the Christian Louboutin store on Motcomb Street you'll find Dr Dancey's Belgravia clinic, which is home to the new Soprano Blue, a painless hair-removing laser that works on all skin types and hair colours. She also offers the new Accent XL, a radiofrequency-based treatment that can be used on thighs to tighten lax skin, help reduce fat (to a small degree) and tone wobbles, so you can work a miniskirt with confidence. Dancey is expanding her empire, with satellite clinics in Milton Keynes and Southampton. Her hot tip for preparing your body for the summer? Pick up a bottle of Avène Eluage body cream – it contains retinol, which works wonders on crêpey skin.

Consultation, £60; Accent XL, from £200. Ring 020 7730 0765 or visit bijoux-medispa.co.uk.



Throughout, make-up by Mary Greenwell at Premier Hair and Make-up, using Chanel Spring 2011 collection. Skin prepped using Chanel Sublimage La Crème. Hair by Syd Hayes at Premier Hair and Make-up, using Kérastase. Nails by Julie Luong at Caren, using Essie in Sand Tropez. Toiles designed and styled by Emilia Wickstead. Patent shoes, £475, by Jimmy Choo 24:7 ([at jimmychoo.com](http://jimmychoo.com)).

BEST FOR HANDS

IAN FRANKLIN

Vascular surgeon

NEW ENTRY

Hands up anyone who's ever worried about gnarled, veiny mitts. Well, this man may have the solution for you. Franklin is pioneering a new treatment that sees a micro implant threaded into the offending vein, causing it to shrivel up. You have to wear tight gloves for a week afterwards, but what a small price to pay to reclaim the

smooth hands of your youth. He also uses a range of keyhole treatments on other parts of the body and offers a new, significantly less traumatic way to zap varicose veins in the legs, gently dissolving them with a biodegradable implant, which looks like a pipe cleaner, rather than burning or stripping them out. *Consultation, £180; VNUS Closure vein treatment, from £2,215. Ring 020 7901 8500 or visit cadoganclinic.com.* ▷

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